















Lifting a Kart with an Pro KartLift

	<p>STEP 1: Approach the kart from the rear, stopping approximately 2 feet behind the kart. Step on the foot lever until it pushes forward the blocking tube (with the red cap).</p>
	<p>STEP 2: While keeping a little foot pressure on the foot lever (down and towards your other foot), push the handle forward. Once:</p> <ul style="list-style-type: none"> ▪ Part of the upper black tube of the vertical gas strut is inside the blocking tube (past the red cap), AND ▪ The rear handle is past vertical on the way down... <p>...then you can remove your foot from the foot lever.</p>
	<p>STEP 3: Move your foot from the foot lever to the KartLift's rear axle. Shift your weight to the foot on the lift, and then lean forward, with your arms extended. The trick here is to make your body weight do the work of compressing the gas struts, instead of trying to muscle the lift down.</p>
	<p>STEP 4: Catch your body weight with your other foot as you and the lift move towards the ground.</p>

	<p>STEP 5: Engage your kart's rear bumper (upper bar) and the two hooks on the KartLift. You can do this either by rolling the kart back, or the KartLift forward. Make sure that the bumper is firmly in the hooks before you let go, or the KartLift will spring back up.</p>
	<p>STEP 6: As you stand up, grab the pull strap attached to the KartLift's handle and step behind the lift.</p>
	<p>STEP 7: Pull on the strap while pushing the lift forward and under the kart with your right foot. Note: it takes more foot pushing than most people initially expect. The previously compressed gas lifts help raise the kart in this step. Note that as you push the lift under the kart, the kart's nose does not drag on the ground. Pull the strap and push with your foot until the KartLift's front riser (with the ribbed white covering) contacts the underside of your kart.</p> <p>Note: you can use the KartLift either left or right handed. For the sake of clarity in these instructions, we are specifying left and right to correspond with the pictures and video.</p>
	<p>STEP 8: With your arms, keep some back pressure pulling the lift up. With your left foot, reach up and flip the foot lever down. When it contacts your right shin, transfer your weight to the left foot while simultaneously kicking your right foot backwards out of the way. (It's not as difficult as it sounds!)</p>





	<p>Note: For situations where the driver weighs more than the kart, you can often skip the foot lever step. Just lean back and pull the kart up onto the lift.</p>
	<p>STEP 9: Shift ALL your weight to your left foot on the foot lever, have your right foot ready to catch you, then extend your arms and lean back. The amount of leaning you have to do is a function of how much the kart outweighs you by. At this stage, to gain maximum leverage, use the FULL length of the strap (hold onto the last loop), and straighten your arms. The foot lever's function is to help get the KartLift's rear handle up past vertical (note in this picture it is at the "11 o'clock" position).</p>
	<p>STEP 10: Catch your weight with your right foot. Remove your left foot from the foot lever, and roll the kart and KartLift to where you need to go.</p>



Folding Your KartLift Down for Storage

	<p>STEP 1: Fold down the KartLift like you are getting ready to pick up a kart. See steps 1-5 of the lifting sequence for additional details.</p>
	<p>STEP 2: Push the handle and bumper hooks clear to the ground. While keeping some pressure on the handle with the bumper hooks, reach down and lift up the front riser (with the white ribbed pad).</p>
	<p>STEP 3: Once the front riser is higher than the rear handle, you can release the rear handle.</p>
	<p>STEP 4: Swing the front riser clear over to the back of the lift. To make the lift even more compact, you can remove the two plastic C-clips and telescope the handle down.</p>

Lowering a Kart with a KartLift

For best results, these directions should be viewed in conjunction with the video clip showing the lowering sequence.

	<p>STEP 1: Push the kart and lift to where you want to lower the kart, leaving enough room in front of the lift to lower the kart (around 8 feet). With your right foot, press down on the foot lever until it pushes forward the two blocking tubes. Push the KartLift's handle forward, BUT ONLY AN INCH OR TWO. You want the vertical gas struts to just start to go inside the blocking tubes.</p>
	<p>STEP 2: Now shift your right foot from the foot lever to the KartLift's rear axle. The purpose of this is to anchor the bottom portion of the lift as you lower the kart.</p>
	<p>STEP 3: Once the KartLift's handle is past vertical, ease the kart's nose down. Note the straight arms, right foot on the KartLift's rear axle, and left leg being used (if necessary) as a counterweight.</p>
	<p>STEP 4: Once the lift's front riser is flat on the ground, the lift no longer requires you to lean back to counterbalance the kart. Step off to the side. Depending on the kart's weight and the ground surface you are working on, you might have to push down on the KartLift's handle to lower the rear of the kart.</p>

	<p>STEP 5: Hold onto the KartLift's rear handle with your right hand. Once the kart's four tires are on the ground, disengage the lift from the kart (either roll the kart forward or the KartLift backwards). Note that the KartLift will want to spring back up as soon as it is released from the kart.</p>
	<p>STEP 6: Stand up and control the ascent of the lift (make sure no one is standing right behind it).</p>